# Denny's Breakfast Menu with Prices & Calories 2026

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## Signature Breakfasts

| Item | Price | Calories |
|---|---|---|
| T-Bone Steak & Eggs | $20.39 | 860-1740 |
| Country Fried Steak & Eggs | $16.39 | 760-1670 |
| Sirloin Steak & Eggs | $15.59 | 710-1590 |
| Grand Slamwich | $14.99 | 1230-1620 |
| Moons Over My Hammy | $12.69 | 1150-1540 |
| Classic Benny Breakfast | $11.49 | 530-1140 |
| Southwestern Benny Breakfast | $12.19 | 1120-1340 |

## Classic Slams

| Item | Price | Calories |
|---|---|---|
| Original Grand Slam | $12.99 | 620-1730 |
| All-American Slam | $14.99 | 730-1310 |
| Waffle Slam | $18.39 | 1080-1490 |
| Berry Waffle Slam | $18.59 | 1110-1520 |
| Berry Stuffed French Toast Slam | $17.79 | 1090-1500 |
| Fit Slam | $13.69 | 410-420 |
| Super Slam | $9.99 | 810-1950 |
| Jr. Grand Slam | $6.19 | 170-670 |

## Omelettes

| Item | Price | Calories |
|---|---|---|
| Ultimate Omelette | $16.29 | 780-2320 |
| Philly Cheesesteak Omelette | $16.39 | 760-2230 |
| Mile High Denver Omelette | $14.39 | 720-2190 |
| Moons Over My Hammy Omelette | $14.29 | 730-2190 |
| Loaded Veggie Omelette | $11.99 | 920 |
| 55+ Omelette | $9.39 | 760-1130 |

## Pancakes & Crepes

| Item | Price | Calories |
|---|---|---|
| Stack of Pancakes | $2.00 | 450 |
| Double Berry Banana Pancake Slam | $13.69 | 740-1440 |
| Chocohana Pancake Slam | $13.19 | 1090-1790 |
| Strawberry Crepes | $8.29 | 530 |
| Berry Stuffed French Toast | $8.39 | 870 |
| Buttermilk Pancakes | $7.99 | 500 |

## Breakfast Melts & Handhelds

| Item | Price | Calories |
|---|---|---|
| Sausage Breakfast Sandwich | $9.99 | 650-850 |
| French Toast Breakfast Melt | $12.69 | 990-1380 |
| Bacon, Egg & Cheese Melt | $13.19 | 1060-1570 |

## Sides

| Item | Price | Calories |
|---|---|---|
| Seasoned Red-Skinned Potatoes | $3.79 | 250 |
| Sausage Gravy | $0.99 | 90 |
| English Muffin | $3.39 | 180-190 |
| Grilled Ham & Egg Slice | $4.49 | 110 |
| Hash Browns | $3.19 | 450 |
| Bacon Strips | $4.69 | 110 |

## Milk Shakes & Desserts

| Item | Price | Calories |
|---|---|---|
| Chocolate Milk Shake | $7.39 | 1520 |
| Vanilla Milk Shake | $7.39 | 2100 |
| Strawberry Milk Shake | $5.59 | 760-1100 |
| Cinnamon Roll Pancakes | $9.99 | 1080 |
| Pancake Puppies | $5.99 | 490 |

## Beverages

| Item | Price | Calories |
|---|---|---|
| Hot Coffee | $3.29 | 0 |
| Hot Chocolate | $3.49 | 190 |
| Peppermint Hot Chocolate | $3.49 | 310 |
| Dasani Bottled Water | $0.99 | 0 |
| New Peppermint Mocha Cold Brew | $6.69 | 490 |

## Value & Kid’s Menu

| Item | Price | Calories |
|---|---|---|
| Everyday Value Slam | $6.99 | 560-1480 |
| Jr. Waffle Slam | $6.89 | 560-800 |
| Jr. Chocolate Chip Pancakes | $5.99 | 255-620 |
| Kids Pancake Breakfast | $5.99 | 450-700 |
| Super Slam (Value Option) | $9.99 | 810-1950 |

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.