Panera Bakery Menu with Prices, Calories & Hours 2026

Panera Bread · Updated November 2026 · kitchencentreliverpool.com

Breakfast Sandwiches

Item	Price	Calories
Wake-UP BLT Asiago Everything Bagel Stack	$6.99	530
Farmhouse Duo Asiago Stack	$6.99	700
Ham Croissant Benny	$6.89	430
Bacon Double Take	$6.99	510
Sausage & Egg Asiago Bagel Stack	$6.99	780
Chipotle Chicken, Scrambled Egg & Avocado on Ciabatta	$6.89	550
Croissant Bacon, Egg & Cheese Sandwich	$6.89	480
Ciabatta Egg & Cheese Sandwich	$5.39	430
Croissant Egg & Cheese Sandwich	$5.39	440

Lunch Sandwiches

Item	Price	Calories
Chipotle Chicken Avo Melt	$11.99	930
Ciabatta Cheesesteak Sandwich	$13.39	1050
Toasted Frontega Chicken	$11.79	800
Spicy Fiesta Chicken	$11.99	840
Smokehouse BBQ Chicken	$10.19	740
Chicken Bacon Rancher	$11.99	900
Grilled Chicken & Avo BLT	$12.99	900
Turkey & Cheddar Sandwich	$10.29	790
Tomato Basil BLT	$9.69	760
Mediterranean Veggie	$7.99	490

Bagels & Spreads

Item	Price	Calories
Asiago Everything Bagel	$1.99	330
Cinnamon Crunch Bagel	$1.99	420
Everything Bagel	$1.99	290
Plain Bagel	$1.99	300
Multigrain Bagel Flat	$1.90	190
Half Dozen Bagels	$9.29	1800–2520
Tuesday Baker's Dozen	$9.99	3900–5460
Plain Cream Cheese Spread – Individual 1.5 oz	$1.70	140
Honey Walnut Cream Cheese Spread - Tub 8 oz	$3.69	90

Salads

Item	Price	Calories
Green Goddess Chicken Cobb Salad	$13.59	510
Fuji Apple Chicken Salad	$11.99	560
Southwest Chicken Ranch Salad	$12.99	680
Asian Sesame Chicken Salad	$11.99	450
Caesar Salad with Chicken	$8.99	420
Greek Salad with Chicken	$11.99	550
Mediterranean Greens with Grains	$9.99	540
Balsamic Chicken Greens with Grains	$12.99	600

Soups & Bread Bowls

Item	Price	Calories
Broccoli Cheddar Soup (cup)	$7.19	430
Creamy Tomato Soup	$8.49	370
Hearty Fireside Chili	$8.49	410
Bistro French Onion Soup	$8.49	290
Homestyle Chicken Noodle Soup	$9.08	770
Cream of Chicken & Wild Rice Soup	$9.08	830
Sourdough Bread Bowl	$2.89	670
Bread Bowl with Soup	$9.08	860-920

Mac & Cheese & Kids

Item	Price	Calories
Mac & Cheese (small)	$8.49	1170
Mac & Cheese (large)	$11.49	1500
Grilled Cheese	$7.99	810
Kids' Turkey Sandwich	$6.99	450
Kids' Mac & Cheese	$6.49	700

Bakery & Pastries

Item	Price	Calories
Cinnamon Roll	$4.39	520
Chocolate Croissant	$4.39	410
Almond Pastry	$4.39	480
Cranberry Orange Slice	$4.39	380
Pecan Braid	$4.39	450
Asiago Croissant Twist	$1.99	210
Chocolate Chip Muffin	$2.99	340
Orange Scone	$3.89	550
Mini Orange Scone 9-pack	$8.99	180

Cookies & Sweets

Item	Price	Calories
Chocolate Chipper Cookie	$3.19	390
Mitten Cookie	$3.49	430
Candy Cookie	$3.19	410
Brownie Bite	$1.99	130
Coconut Macaroon	$1.99	180
Chocolate Coconut Macaroon	$1.99	190
Oatmeal Raisin with Berries Cookie	$3.19	340
Kitchen Sink Cookie	$4.89	810
Chocolate Chipper 4-pack	$8.29	1560

Hot & Cold Drinks

Item	Price	Calories
Cafe Blend Dark Roast Coffee	$2.99	5
Hazelnut Coffee	$2.99	20
Signature Hot Chocolate	$3.99	390
Chai Tea Latte	$5.19	240
Caramel Latte	$5.19	300
Frozen Signature Hot Chocolate	$4.39	470
Strawberry Banana Smoothie	$6.49	250
Iced Caffe Latte	$4.59	130
Bottled Water	$2.79	0
Diet Pepsi	$3.39	0

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.